

EFM Programme Overview

Reading & Reflection Guide (RRG)	Volume A* (2022)	Volume B* (2023)	Volume C* (2024)	Volume D* (2025)
Theme	Living Faithfully in Your World	Living Faithfully in an Multicultural World	Living as Spiritually Mature Christians	Living into the Journey with God
Structure	<i>Focus on context</i>	<i>Focus on plurality</i>	<i>Focus on growing in maturity</i>	<i>Focus on theosis</i>
Session 1	Group Organisation Norms, Books, Housekeeping	Group Organisation Norms, Books, Housekeeping	Group Organisation Norms, Books, Housekeeping	Group Organisation Norms, Books, Housekeeping
Unit One - Sessions 2-7	Spiritual Autobiography and Listening	<i>Unit and session numbering are the same each year. Reflection and response portions of each session change according to the year's emphasis.</i>	<i>Unit and session numbering are the same each year. Reflection and response portions of each session change according to the year's emphasis.</i>	<i>Unit and session numbering are the same each year. Reflection and response portions of each session change according to the year's emphasis.</i>
Unit Two - Sessions 8-13	Theological Reflection as a Life Skill			
Interlude Sessions 14 & 15	COMMON TEXT			
Unit Three - Sessions 16-21	Developing a Sustaining Spirituality			
Unit Four - Sessions 22-27	Building a Theology: Integrating Belief, Behaviour and Doctrine into Everyday Life			
Interlude Sessions 28 & 29	COMMON TEXT			
Unit Five - Sessions 30-35	Vocation: Hearing and Responding to God's Call			
Session 36	Celebration	Celebration	Celebration	Celebration

*Participants in all year groups use the same Reading & Reflection Guide each year.

NZ December 2022